



HEART

FIRST PRESBYTERIAN CHURCH

292 West Main Street, Newark, Delaware 19711
(302) 731-5644 fpchurch@firstpresnewark.org

FEBRUARY 2024

BEAT

*A nurturing community in Jesus Christ reflecting God's love for the world as we
Worship, Grow and Serve.*



WORSHIP HIGHLIGHTS

Sunday Worship

10:00 am
Worship Service

Sunday School

Begins in Worship
at 10:00 am

You Tube Channel

[https://www.youtube.com/
channel/
UCMgrrt0vHvgO-
iUPphSOFgxxA](https://www.youtube.com/channel/UCMgrrt0vHvgO-iUPphSOFgxxA)

Website

www.firstpresnewark.org

Church Calendar

[click here](#)

Online giving through



[https://firstpresnewark.org/
giving-at-fpc-n/](https://firstpresnewark.org/giving-at-fpc-n/)

Office Hours

Monday-Friday
9:00 am—1:00 pm

The LORD
makes firm
the steps
of the one
who delights
in him.

PSALM 37:23; NIV

Clerk's Corner

Nancy Lewis, Clerk

Session welcomed several Musical groups to perform in our Sanctuary this winter. In a welcome change, we attended each performance and gave out fliers and welcomed the guests to our church. Several people said they would try to come to services. Below are pictures of the Newark Area Welfare annual event held in Memorial Hall. This year, several church members attended and assisted with the food distribution. It was heartwarming to meet the people who attended and to hear their stories.



Refugee News

Nancy Lewis

Our family from California is still trying to find a house in Newark. The older girl would like to attend college in Delaware. We continue to help other refugees with transportation to swimming and help with financial questions.



A THANK YOU FROM NAWC

Thank you for so generously giving your time to help our local neighbors in need at the 2023 NAWC Holiday Food Program. What a wonderful experience to observe your positive spirit throughout Memorial Hall for the entire four-day event!

With your support, we reached 428 greater Newark families. Over 1000 people received food, grocery store gift cards, cold weather clothing accessories, and for the children there was an assortment of toys.

At the conclusion of the event at Newark First Presbyterian Church, volunteers transported the surplus food to the NAWC Food Cupboard as well as other local outreach organizations.

Thank you so much for making a positive difference in the lives of our neighbors in need.

Peace and good health to you and your family!

NAWC Board Members





Presbyterian Women

Carol Olson & Pam Wunder Co-moderators

Presbyterian Women would like to thank the congregation for their generous contributions towards our fundraisers.

With your gifts we were able to support the following local and distant charities in 2023.

Shoes that Fit	\$612
Sean's House	\$1092 (used some to buy a sofa, bike rack, lock, snacks & beverages)
Hope Dining Room	\$500
Newark Area Welfare	\$650
Friendship House	\$650
Wayfarer's House	\$400
Delaware Hospice	\$50
Meals on Wheels	\$100
Massanetta Springs	\$100
Presbytery Guatemala Stove Project	\$400 (enough for 2 stoves)



Total Monetary Donations for 2023 = \$4454

Numerous Thinking of You cards to residents of nursing care centers, postage stamps for the Stamp Alliance and can tabs for Ronald McDonald House were collected and distributed.

In our immediate neighborhood, we have been supplementing the stock of our Little Food Pantry which works on the premise "Take What You Need, Give What You Can."

We greatly appreciate your support in carrying out our missions in our community and abroad. Thank You!

FPCN-PW also donated the following hand knit/crocheted items to Christiana Neonatal Unit, A.I. Children's Hospital, Helen Graham Center, Hope Dining Room and/or Open Door of Hope.

94 hats, 2 prayers shawls, 7 baby blankets, 3 baby sweater sets,
1 baby jacket, 3 receiving blankets

Thank you to all the knitters/crocheters.

Over \$100 of new baby clothes were also given to Open Door of Hope.

We also support NCC Presbytery PW through our pledges, the Birthday Offering and Thank Offering.

Deacons

On the first Sunday each month Communion is served during the church service.

After the service two deacons take Home Communion to members who are not able to come to church. It is a time to visit and have Communion with the member and family members who are present as well as the deacons.

If you would like to schedule Home Communion, call the church office and tell Grace, the Office Manager, and she will notify the deacon in charge: 302-731-5644.

Strengthening FPC/UD/Newark Community Linkages Team

Have You Heard About *Lori's Hands*?

Lori was diagnosed with cancer in 1995 and died in 2003. **Lori's daughter, Sarah, founded *Lori's Hands* in her mother's memory during her sophomore year at the University of Delaware.**

- ***Lori's Hands* trains college student volunteers to make weekly visits to community members living with chronic illnesses.** Students help with day-to-day tasks and clients educate students about the human experience of chronic disease.

Are you – or do you know someone -- who would be a good candidate for *Lori's Hands*?

Matching is based on the availability of UD students and the type of chronic illness they can learn about. **The 2nd semester will be starting in Feb.; it's a good time to complete a referral form at**

<https://lorishands.org/make-a-referral/>

A good candidate for *Lori's Hands*:

- **Is open to serving as a volunteer with *Lori's Hands* by spending time each week with 2 UD students, answering student questions about experiences with health and the health care system, and supporting our students' personal and professional growth.**
 - **Lives within the Newark area and has a diagnosed chronic illness that impacts independence with key activities of daily living (e.g., cancer, heart failure, multiple sclerosis).**
- Interested? Contact one of our team and/or email ptnelson@udel.edu**

~ Francis Kwansa, Ann Roybal, Kern Piser and Pat Nelson



Brain Wellness *Information, Support, and Empowerment* (Brain-WISE)

6 consecutive Mondays in Feb. and March: 2/12/24 through 3/18/24

10:00 - 11:30 am

First Presbyterian Church **Memorial Hall**, 292 W. Main Street

Please attend the first session (2/12/24) and at least 4 of the other 5.

Nearly 40% of dementia can either be delayed or completely prevented by reducing risk factors and living a brain-healthy lifestyle. Changing health behaviors isn't easy – but it's much easier and more successful if you have your friends and family giving you encouragement and support.

Professor Matthew Cohen, from UD's Brain Wellness Information, Support, and Empowerment (Brain-WISE) program will lead these **6 workshops which will use the power of group support to help us make a plan to improve and sustain our brain health.**

The Brain-WISE team wants to be sure this series is accomplishing its goals and that participants are getting the most out of it. They will ask participants:

- to complete brief health questionnaires before the program, immediately after the program, and again 3 months later.

- to complete brief satisfaction surveys after each session.

- for permission to use these questionnaire data for research purposes

Invite your family and friends – especially the ones who will help you stay healthy.

If you have questions about the program, please email

Dr. Matthew Cohen at mlcohen@udel.edu

Please RSVP by telling one of our team and/or emailing ptnelson@udel.edu

~ Francis Kwansa, Ann Roybal, Kern Piser and Pat Nelson

Upcoming Musical Events

First Presbyterian church regularly offers a number of community and regional concerts in our spacious sanctuary. Please join us to enjoy a wide array of wonderful vocal and instrumental music coming your way over the next months!

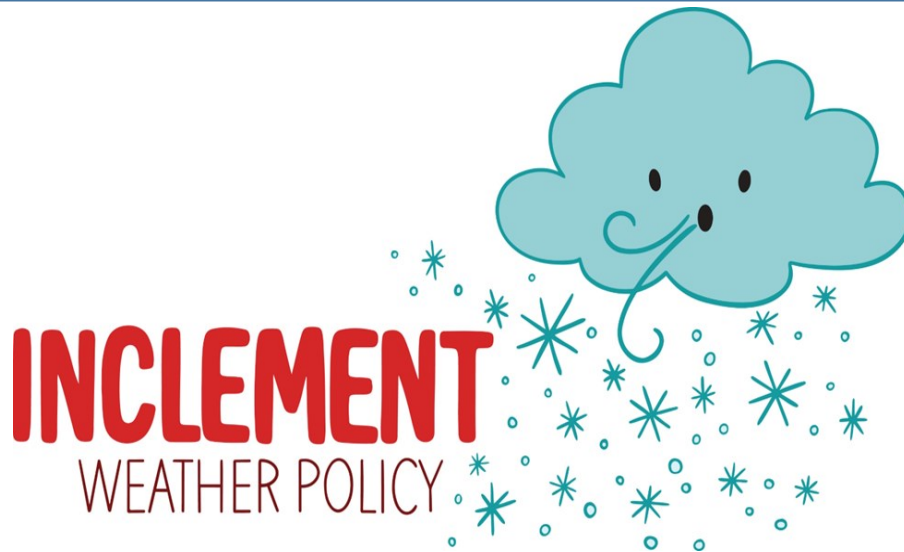
Winter-Spring 2024 Season

Feb 24th - 7:30 pm Newark Symphony Orchestra Concert

Mar 10^h - 3:00 pm Newark Community Band 41st Anniversary Concert

Apr 27th - 7:00 pm Chesapeake Brass Band Concert (donation)



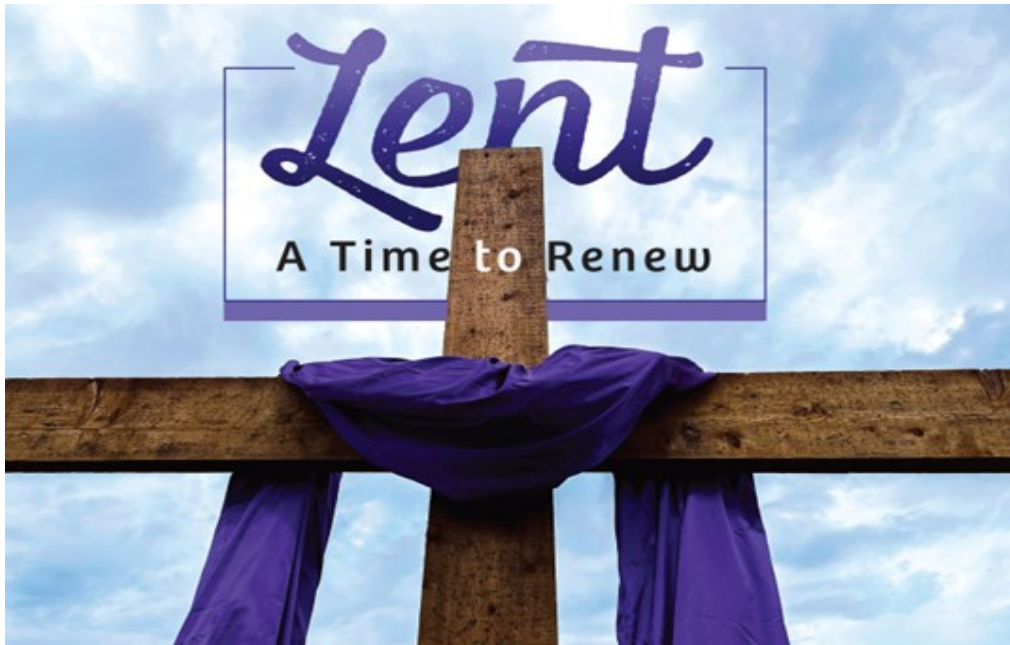


FPC-N Weather Policy
For Inclement weather delays and closings

The guidelines below cover our policies for cancellations and delays on days when the weather could affect our services and activities.

1. *When the Christina School District closes, or opens late, our campus will be closed until our parking lots, walks, and entrances are snow and ice free, and the roads are cleared and safe. Check the Church website or contact your group leader for confirmation.*
2. *When the state of Delaware declares a state of emergency and issues a travel ban for New Castle County, our campus will be closed while the travel emergency is in place, and until our parking lots, walks, and entrances are snow and ice free. Check the Church website or contact your group leader for confirmation.*
3. *If the weather conditions are determined to be unsafe to allow Sunday worship service, email notification will be sent to members and a notice will appear on the front page of the church website. Group Leaders and Directors should keep participants updated during questionable weather.*

Please be sure to check your email, and check the website, www.firstpresnewark.org
And Facebook page for updates. Questions? – contact the church office, or your group leader.



SAVE THE DATE

Tuesday, February 13th

@ 6:00 PM

In Memorial Hall

Shrove Tuesday Pancake Supper

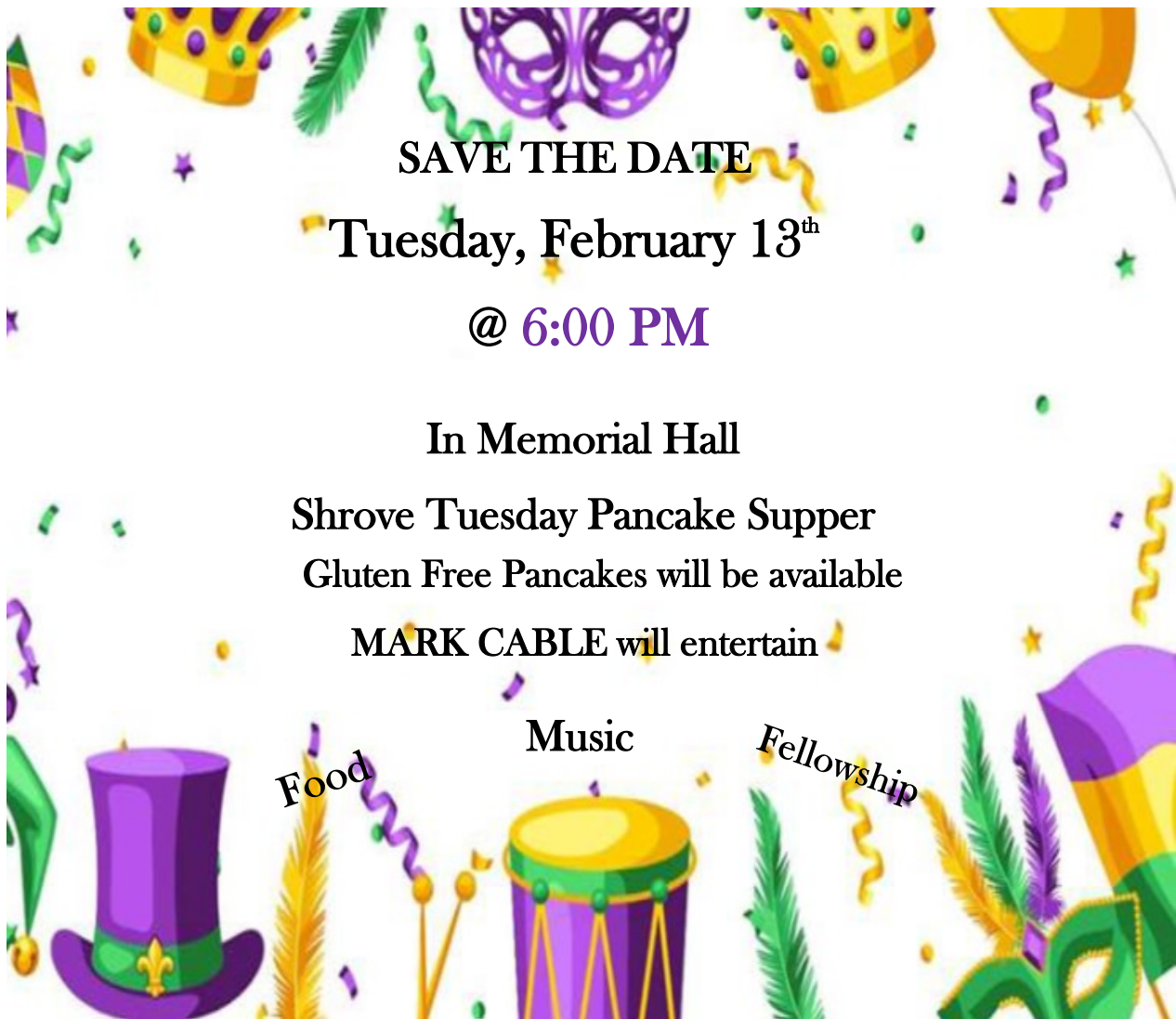
Gluten Free Pancakes will be available

MARK CABLE will entertain

Food

Music

Fellowship





Ecumenical Ash Wednesday Meal and Liturgy

Wednesday, February 14
Calvary Baptist Church
(215 E. Delaware Ave., Newark)

6:00 p.m. – dinner (soup, salad, and bread)

7:00 p.m. - simple liturgy and imposition of ashes

Sign up to contribute food here: bit.ly/2024NewarkAsh

Chancel Flowers

Cost \$31.00

Flowers can be dedicated in honor or memory of family, friends and loved ones.

Please see sign up sheet located on the bulletin board in the Narthex.

Checks clearly identified for chancel flowers may be placed in the offering plate or brought to the church office.



FEBRUARY *Birthdays*

1 John Brady
 3 Mimi Lovelace
 3 Barbara Russell
 4 Joe Challburg
 5 Barbara Winter
 7 Melinda Connell
 8 Anne Lewis
 8 Annette Mehan
 10 Barry Baker
 11 Roan Farnum
 11 Melanie Sipko
 11 Sarah Trembanis
 12 David Berkebile
 13 Francis Kwansa
 15 Andrew Blackburn
 16 Isabela Merrick
 18 Peggy Hester
 18 Harry Seibert
 19 Jeff Rogers
 20 Cathy Colbert
 21 Nancy Wooten
 23 Fiona Gowers
 23 Anna Ngwe Nji
 24 Tim Birdsall
 25 Janet Myers
 26 Rosemarie Beron

FEBRUARY *Anniversaries*

Geri & Dennis Jacobs
February 1

Bill & Joni Boyd
February 14

Jerry & Hanne Holt
February 16

Jeffery & Lucia Merrick
February 19

**THE DEADLINE FOR THE
MARCH
 HEART BEAT IS
FEBRUARY 15**

Prayer Concerns or Needs?

You can use the prayer card in the pews, contact the church office or use our prayer email:

prayers@firstpresnewark.org

Please let us know if you would like them kept confidential.

If we are missing you from the birthday or anniversary list, please let us know!

Contact Grace in the church office

officemanager@firstpresnewark.org

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292 West Main Street
Newark, DE 19711
ADDRESS SERVICE REQUESTED



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community in
Jesus Christ
reflecting God's love
for the world as we
Worship, Grow and
Serve.***

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292 West Main Street
Newark, DE 19711
(302) 731-5644
Email: fpchurch@firstpresnewark.org
Website: firstpresnewark.org

Sunday Worship
10:00 a.m.
Children's Sunday School
Begins in worship at 10:00 am

**We seek to be vibrantly active messengers of hope, bringing the caring presence
of Jesus Christ and love of God into our community and the wider world.**